

2020.5

Game Plan

Goals *have* to mean something to you if you're willing to devote so much time, energy, and effort for them. So, let's begin with *what matters*.

List down 5 things you REALLY ENJOY doing.

These things have to make any sense to anyone but you. They could be things you don't do often, or things that are part of your every day. They don't necessarily have to be money-making. Be as specific as possible.

1

2

3

4

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List down 5 things you are REALLY GOOD at.

These are things that are super easy for you—often times, you don't think about them because they come so naturally to you. Think about what people around you ask your help for. Be as specific as possible.

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Are there any similarities between the two lists above? Are you allowing yourself to do the things that you enjoy doing? Not everything you enjoy doing has to be money-making. But take time to be grateful for what it is that allows you to experience these things on the first list.

I am grateful that

allows me to _____

What have you always wanted to do if you had more time/money?

What do you often daydream about?
What were your childhood dreams?

1

2

3

Which revenue streams supported you during the lockdown?

What did you enjoy about them?
What do you plan to continue?

1

2

3

Of all the things that you did in the past year, what are the Top 5 things you are most proud of?

List down your favorite achievements, whether big or small, and take a moment to be grateful for them. Think about why they're your faves, too.

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There may be some things on this list that you feel like you're done with, and ticked on like a bucket list. But there may also be some that you still want to keep pursuing. Which one of the 5 do you want to do/have more of?

What do you think the world needs more of?

What do you believe in? What do you stand for?

1

2

3

What are 3 Things you want to accomplish by the end of 2020?

1

2

3

Create a mantra / reminder for yourself to help you accomplish these goals.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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Goals for the Week:

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Goals for the Week:

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Goals for the Week:

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Goals for the Week:

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